

ORAL PRESENTATION

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# At home with eating disorders

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This presentation will discuss the outcomes and evaluations of the organisation and delivery of the 2013 “At home with eating disorders Conference”

## Introduction

With the emergence of evidence based treatments, including Maudsley Family Based Therapy parents and carers play a crucial role in early detection and efficacious treatment. But they do it in the face of significant challenges - lack of information or education, difficulties in navigating the health system, difficulty in finding suitable clinicians, and suffer significant personal and financial burdens in the process.

## Governance

The conference was organised by

- F.E.A.S.T
- The Butterfly Foundation
- Eating Disorder Outreach Service (EDOS)
- ANZAED

## Aim of the conference

This conference aimed to provide access for parents and carers of people with an eating disorder to a range of expert knowledge and skills so they can be better prepared and empowered to take an active role in the treatment of, and recovery from, the eating disorder.

## Measurable outcomes

- Online evaluations pre and post conference
- Attendance,
- Range of Speakers and Workshops
- Budget management
- Successful Sponsorships

Conclusions about the extent to which the conference met its aims, as well as recommendations for future carers conference planning will be made.

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